



Study Abroad Health Form and Physician's Approval to Travel

Your Name (Last, First, Middle)

Program Location Abroad

Administering SUNY Campus

To the student: The information provided will remain confidential. Be aware that you will be responsible for your own care, though Tompkins Cortland Community College and the organization hosting you overseas will try to provide assistance. Please be honest with yourself and prepare accordingly. The questions that follow will help guide you in preparing for your stay abroad. **Indicating that you have health concerns may allow us to assist you in determining if you are prepared to go and can receive appropriate treatment .**

<p>1. Do you have or have you had any physical, psychological or emotional conditions (including eating disorders), that might require treatment abroad, or that might be exacerbated by the stress caused by changes in culture, climate, diet or exercise? If yes, explain below and plan to see your health care provider to discuss your care.</p>	<input type="checkbox"/> Yes	No
<p>2. Have you arranged to receive all the necessary immunizations and medications recommend for visiting the program site by reviewing information that:</p> <ul style="list-style-type: none"> - may have been provided by TC3 - may have been provided by the program site - is available on the US Center for Disease Control and Prevention website; and - may be available from the government of the countries you will enter? 	Yes	No
<p>3. Do you have any allergies, reactions to medications or dietary restrictions? If yes, consider what you may need to manage your condition or restrictions. If needed, see your health care provider for assistance in planning for your care. You may list any allergies or dietary restrictions below so we can inform overseas providers. However, TC3 can only inform and cannot ensure that you can be protected from exposure.</p>	Yes	No
<p>4. Are you currently taking or have you recently discontinued any medications you may need while abroad? If yes, list medication names and purpose.</p> <p><i>Please consider how you will have access to the medication you need and consult with your physician to develop a plan for managing your condition while abroad. Depending on the medication, TC3 may request additional information.</i></p>	Yes	No
<p>5. (Disclosure of disabilities is optional) Do you have a disability for which you are seeking accommodations? If yes, provide a description of desired accommodations. Please be aware that the Americans with Disabilities Act (ADA) do not apply outside the borders of the United States. The Administering Campus will assist you, to the extent possible, to obtain the accommodations you may want; however, it may not be able to obtain the accommodations necessary to enable you to participate in all aspects of the overseas program.</p>	Yes	No
<p>Continued on back.</p>		

6. Person to notify in case of emergency, illness or accident:

Name:	Relationship to student:
Street/Apt #:	Daytime Telephone #:
City, State, ZIP:	Evening Telephone #:
E-mail Address:	Cell Telephone #:

Second person in the event that above cannot be reached

Name:	Relationship to student:
Street/Apt #:	Daytime Telephone #:
City, State, ZIP:	Evening Telephone #:
E-mail address:	Cell Telephone #:

Student Declaration

I grant the State University of New York, its employees, agents and overseas partners permission to share information concerning my health condition with program representatives, my family, insurance company representatives and with any physician, psychologist or counselor who treated me during the past five years or is now treating me. In situations where I am unable to give oral or written consent, I grant permission for hospitalization and treatment recommended and carried out under the supervision of a qualified physician, including administering anesthetics and performing necessary surgery at my own expense. I appoint the representative of SUNY in the host country for the program to act on my behalf in authorizing necessary medical dental or surgical care, hospitalization or medical evacuation for me should this be required. I certify that all responses made on this form are true and accurate, and that **I will notify the Administering campus hereafter of any relevant changes in my health that occur prior to the start of the program.**

Student Signature

Date

Parent/ Guardian's Signature (required if student is under 18 years of age)

Date

Please make an appointment with your health care provider to review your medical history and travel plans and have him/her sign below. This form, completed and signed must be turned in at least one month prior to departure.

To the Student's Physician

Please review the student's medical history; make sure s/he is up-to-date on all vaccinations and discuss with him/her the upcoming overseas study plans and sign below. A physical is not required by SUNY have if you adequate information to advise the student. By signing below, you confirm to the best of your knowledge that student is sufficiently physically fit and mentally stable to fully participate in all activities as described in the course itinerary. This may include hiking, extensive walking on uneven surfaces, and other events. Accommodations for disabilities should not be expected because the laws differ from the U.S. in this area. Travel in a group to another country can be stressful and can provoke anxiety or depression and increase the likelihood that emotional problems arise. Psychological stability for travel is essential.

I have reviewed this student's medical history and examination with him/her, consulted with him/her about vaccinations and medications that may be required, and developed a treatment plan for the student to manage his/her condition during the overseas program, if needed. (Attach pages as necessary.)

Signature of Provider

Date

Stamp or seal of Provider's practice with address and phone number (required)